



Team Soccer Retreats

A Great way for your team to bond and prepare prior to the start of your season. Discuss team tactics and strategies in the privacy of a conference room, and use of soccer field for team training.

In addition, tennis courts are available for soccer tennis to work on ball skills as well as 2.5 miles of white sandy beach for endurance and strength training. Meals will be provided on site by one of Sherkston's chefs throughout the course of the weekend. Breakfast, lunch, Dinner on Saturday, Breakfast, and Lunch on Sunday. The organizer Clayton Rosario upon arrival at the Resort Friday Evening will provide pizza and refreshments.

Each team can enjoy other activities like camp fires, mini golf, and Arcade and basket ball.

Rates and specials are based on a group of 18 including the coaching staff. 4 cottage homes will be provided. 16 or less in the group 3 cottages.

Each home sleeps 6 and is fully equipped with a kitchen, TV, fridge, washroom and shower. There are additional showers and toilet facilities available to accommodate large numbers.

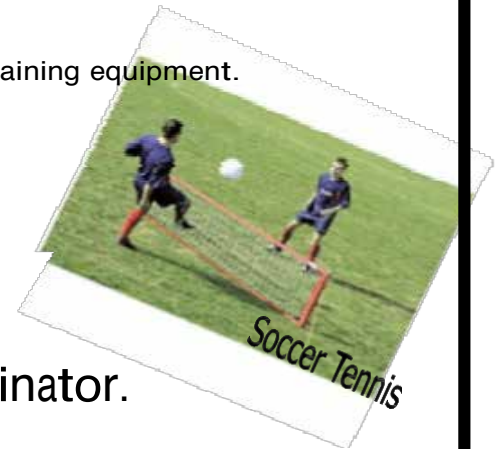
24 hour Security on Site

For more information about the resort go to www.sherkston.com

What to bring

- Water bottles
- DVD player to watch movies in room.
- Own bedding, towel, shampoo, soap and tooth paste.
- We recommend coach bring their own soccer balls and training equipment.
- Soccer videos for match analysis
- Board games and cards.
- Marshmallows.
- Extra blankets.

*Note TV and Flip Chart Board will be available in the conference room.



Head Coach stays free. Paid by event coordinator.

Important

Coaching staff and players are responsible for any damage caused to the cottage homes or resort.

We recommend that players do not kick soccer balls near the cottages or buildings.

Cost \$250 per player/coach plus HST This Includes meals, gratuities, accommodation and use of facilities. 10% deposit required to confirm booking. Balance to be paid 7 days prior to arrival.



To book your weekend, please contact
**Clayton Rosario at 289-214-1414 or email
 claytonelitesoccerdevelopment@gmail.com**



Weekends Available

May 1, 2, 3, 2015
May 8, 9, 10, 2015
May 22, 23, 24, 2015
May 29, 30, 31, 2015

**Post season (pool open)
 Sept 11, 2014 to Sept 30, 2014**

***Note Limited space, so book early. This year we are limiting 2 teams per weekend to allow each team use of soccer field.**

Sample itinerary

Friday evening 6pm: Welcome team to Resort, Pizza, and Camp Fire
 Movie, explain rules and give short Tour of resort
 Lights out 11pm

Saturday 6am Jog on Beach (Conditioning Endurance)
 7am-8:30am Shower free time.
 8:30am-9:30am Breakfast
 9:30am-10:30 free time (Mini Golf, Arcade. Time to digest)
 10:30 am-12noon Technical Field session
 Noon-12:30pm Shower
 12:30pm-1:30pm Lunch
 1:30pm-2:30pm Free Time (Mini Golf, Arcade, watch soccer video)
 2:30pm-4pm Team Tactical Training on field
 4pm-5:30pm Shower Free time (Rest Recuperation)
 5:30pm-6:30pm Dinner
 6:30pm-7pm Team Scenic Walk
 7pm-8:30pm Boardroom. Discuss season, tactics, and analysis
 8:30pm- Campfire Talent shows 3 groups (Gk/Defenders, Midfield, Forwards)
 11pm Lights out.



Mini Golf

Sunday 6am Jog on Beach and Sand hill training (Conditioning, Endurance, Power)
 7am-8:30am Shower. Free time.
 8:30am-9:30am Breakfast
 9:30am-10:30 free time (Mini Golf, Arcade. Time to digest)
 10:30 am-12 Noon Technical Field session
 Noon-12:30pm Shower
 12:30pm-1:30pm Lunch
 1:30pm-2:30pm Free Time (Mini Golf, Arcade, watch soccer video)
 2:30pm-4pm Team Tactical Training
 4pm-5:30pm Shower Free time (Rest Recuperation)
 6pm Leave Resort

***Note-Coach of team can restructure schedule to meet the team's needs. However, if there is more than one team at the resort there will be a scheduled time for soccer field use and board room.**

Sherkston Shores Group Soccer Retreat Booking Form

**Please fill out and sign this form and mail to our Retreat Coordinator Clayton
289-241-1414 in order to secure your date.**

RETREAT DETAILS Please Check Box

Youth Adult Need Soccer field Need Board Room Would like Camp Fire
 Other describe _____

Prices do not include gratuities.

*Price includes use of Meeting and Operating Recreation Facilities.

I, _____ of _____, wish to book a Group Soccer Retreat

from _____ to _____, 2014 for ___ nights, ___ days.

I will submit a Non-Refundable deposit of 10% of the total price now that will be applied to the final balance (money order, certified cheque.)

Make Cheques payable to Elite Soccer Development
1189 Sherk Rd
Port Colborne, On
L3K 5V3
Tel: 289-214-1414
claytonelitesoccerdevelopment@gmail.com

I will confirm the final person total (minimum billed) 7 days prior to arrival. The amount confirmed is the amount billed on arrival.

At this time our guest count is _____ Coaches _____ Players

Final balance to be paid by money order, certified cheque, or cash. Any last minute additional people to the group should bring cash payment with them. Cancellation Penalties, Terms, and Conditions Apply.

I agree to all above terms and pricing.

Signed X _____ Date _____

Print Name _____

It will be a pleasure to have your group at Sherkston Shores.
We look forward to your visit!



ELITE SOCCER DEVELOPMENT
TRAIN LIKE A PRO

